

Kenneth M. Comer, D.D.S. P.C.
Family Dentistry
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POST SURGICAL INSTRUCTIONS FOR DENTURES

- 1) Avoid taking out dentures for the first 24 hours. Keep firm pressure when biting down to help stop the bleeding.
- 2) We will take the dentures out at the 24-hour recall. At this time we will check for sore spots, areas that are too tight or loose and recheck the bite to make sure the teeth are hitting properly.
- 3) For the first 3 or 4 weeks after delivery of your dentures, your gums may shrink rapidly, making the denture loose and bothersome. We will place soft reline tissue conditioner as needed to help keep you comfortable and manage this loosening that occurs.
- 4) It takes 3 to 6 months for your gums to heal completely. After complete healing, it will be necessary to have a laboratory reline to make the dentures fit properly. This requires coming for an early appointment. We will take impressions with your dentures in place, send them to the lab, and they will be ready that afternoon around 4 p.m.
- 5) During the healing phase, if you experience problems (sore spots, gagging, etc.) please call the office for an appointment so we can serve you.

